

## DR LEON FISHER BMBS, DMedSci, FRACP

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## **Endoscopic Ultrasound Information and instructions**

Endoscopic Ultrasound (MBS Item number 30690), or EUS combines endoscopy and ultrasound in order to obtain images and information about the digestive tract and the surrounding tissue and organs.

In EUS a small ultrasound transducer is installed on the tip of the endoscope. By inserting the endoscope into the upper or the lower digestive tract one can obtain high quality ultrasound images of the organs inside the body. The EUS also can obtain information about the layers of the intestinal wall as well as adjacent areas such as lymph nodes and the blood vessels.

## **Financial Consent**

Please note that EUS is a complex procedure which may take an additional time to complete. Depending on the complexity and the time spent on the day you may be charged out of pocket fee which will not be covered by your health insurance or Medicare. Dr Fisher's fees will not exceed \$500 and will be charged after the procedure. This does not include anaesthetic or other hospital services or services provided by other doctors.

## **EUS Instructions**

An empty stomach is essential for a safe examination, so you should have **nothing to eat for six hours before the examination**. You may drink small amount of water up to 2 hours before the procedure. You may take your usual medications with a sip of water at least 2 hours before the test, unless instructed otherwise by your doctor.

Please advise us if you are taking medications for diabetes or blood-thinners as they may need to be stopped up to 1 week prior to the procedure. If you are on iron tablets these should be stopped 3 days prior to the test. You can continue taking Aspirin.

**Someone must accompany you home** from the procedure because of the sedatives used during the examination. A responsible adult must stay with you overnight. Even if you feel alert after the procedure, the sedatives can affect your judgment and reflexes for the rest of the day. **You must not drive until the next day.**